



25 Jacobs Gulch, Kellogg, Idaho, 83837 * 208-784-1221

Cardiac Rehabilitation Phase II Physician Orders

Version No.: 2

Patient's Name: _____ DOB: _____ Phone Number: _____

Patients Diagnosis: (Must check all that apply by physician office)

Ejection Fraction: _____

- MI within last 4 weeks. Location (if known): _____ Date: _____ ICD-10: _____
- I25.2 MI greater than 4 weeks
- Z95.1 CABG
- Z98.61 PTCA
- Z95.5 Stenting
- Z94.1 Heart Transplant
- Z94.3 Lung Transplant
- I20.9 Stable Angina
- Z95.2 Presence of prosthetic heart valve Location: _____ Date: _____
- Z95.3 Presence of xenogenic heart valve Location: _____ Date: _____
- Z95.4 Presence of other heart-valve replacement Location: _____ Date: _____
- I50.22 SYSTOLIC Chronic Congestive Heart Failure
- I50.32 DIASTOLIC Chronic Congestive Heart Failure
- I50.42 COMBINED Chronic Congestive Systolic/Diastolic Heart Failure
- Other: _____ Date: _____

Congestive Heart Failure: **CMS requires EF 35% or less**, NYHA class II-IV symptoms after SIX weeks of optimal heart failure therapy and are **STABLE: no hospitalizations or procedures in past 6 weeks or planned in < 6 months.**

RECOMMENDED NUMBER OF VISITS (Must check one)

- 36 sessions in 12-18 weeks
 - Other: _____
- Limitations: _____

HEART RATE with exercise: (MUST check one)

- RHR + 20 WITH Heart Damage
- RHR + 30 WITHOUT Heart Damage
- Other: _____

EXERCISE LEVEL/ INTENSITY (Must check one)

- 6 minute walk test as baseline start
- Heart Rate Range _____ - _____
- Graded Exercise Test _____ % of max or _____ Completion Date: _____

MEDICAL RECORDS REQUIRED FOR ADMITTANCE AND CHART COMPLETION:

- History and Physical
- Medication List
- Lipid Profile – preferable post event
- EKG

In the event of cardiac or respiratory arrest, or hemodynamically unstable arrhythmias, Standard ACLS protocol will be followed unless otherwise specified. Attending and referring physician will be notified immediately.

CVS Dr: _____ Cardiologist: _____ PCP: _____

Physician Signature: _____ Date: _____ Time: _____