

Ultrasound Preps

OB/GYN: All should drink 24 to 32 ounces of **WATER** and have it finished one hour prior to their scheduled appointment (No voiding)

ABDOMEN/AORTA/KIDNEY: Nothing to eat or drink (NPO) for 12 hours prior to their scheduled appointment, including any medications. (We like to schedule these patients first thing in the morning, so they can be NPO after midnight the night before)

KIDNEY AND BLADDER: Drink 24 to 32 ounces of **WATER** and finished one hour prior to scheduled appointment and no emptying the bladder, nothing to eat for 12 hours prior to scheduled appointment. (Symptoms- hematuria, hydronephrosis, and post void residual)

ALL OTHER EXAMS: No prep

Musculoskeletal

Small Parts: Thyroid, Testicular(scrotum), Breast, Carotids

Upper/Lower Extremities: Arterial, Venous

***NPO PATIENTS AND MEDICATIONS:** Only if absolutely necessary and only if taken with a very small amount of **WATER**. Do not take with milk. If your medication upsets your stomach without milk or food then wait and take it after your exam.

***DIABETIC PATIENTS WHO ARE NPO:** Should bring glucose tablets or emergency sugars with them.

When ordering Renal exams please specify if you want to look at the renal artery(Renal Artery Doppler) or just a look at the kidneys(Renal).